



## **Basingstoke Town Colts – Covid-19 Guidance**

**Version 2.0 – 1<sup>st</sup> December 2020**

The FA are continuing to adjust their guidelines for grassroots football which we are reviewing as it is updated. A further update has been made post the Governments announcement of the revised 3 tier structure in November 2020.

The full guidelines from the FA can be found here: <https://www.thefa.com/about-football-association/covid-19>

Basingstoke Colts have appointed a Covid Officer to be responsible for reviewing any changing guidance from the FA and providing guidance for the club and all teams. The Covid officer is Paul Saunders who can be contacted directly at [psaunders@basingstokecoltsfc.org](mailto:psaunders@basingstokecoltsfc.org)

This guide has been created to take the detailed information from the FA and provide a practical set of rules and tips for coaches and parents. This guide will be updated as new information is available and should be read by all involved in grassroots football.

### **For Coaches**

The below act as the latest guidance for coaches to maintain a safe approach to grassroots football at Basingstoke Colts:

- Each coach should conduct a risk assessment for their specific team, taking into account this guidance and how they will deliver their training and matches safely. This should be presented to all parents with an acknowledgement from them that they have received it and are comfortable to continue to participate – PLEASE RESEND THIS BEFORE RESTARTING POST DECEMBER 2<sup>ND</sup> 2020
- Outdoor training and matches can resume in all tiers from December 2<sup>nd</sup> 2020
- Travelling between tiers is acceptable however travelling into and out of tier 3 areas is not permitted for over 18s
- All equipment should be washed before each session
- Equipment should only be handled by coaching staff
- Any used bibs should be set to 1 side for cleaning before another child uses them

- Any balls that go out of play during a match should not be touched by anybody other than the coaches, referees or players. If they are then a replacement ball should be used
- The children should maintain a 2 metre social distance when not actively engaged in training or matches, this should include the use of cones for each child
- A 3 metre respect line should be put in place for all home matches
- Coaching staff, players and parents should not shake hands before, during or after matches
- Coaches should brief the any referees of the rules in this guide so they are aware
- Coaches should register all parents and players attending each session and retain this detail for 21 days in line with government advice for track and trace

### For Parents

The below act as the latest guidance for parents to maintain a safe approach to grassroots football at Basingstoke Colts:

- Players and parents should wash their hands before and after attending training and matches
- It is advised to limit the number of parents attending training and matches to 1
- A parent must remain present for training sessions and matches
- If a child requires their boots relaced, then a parent should do this
- If a child requires basic first aid this should be administered by the parent. If the incident requires more advanced first aid this will be administered by the trained coach
- Each child should have a labelled water bottle

### For All

- Players, coaches and parents should only attend training and matches if they are clear of any of the Covid-19 symptoms, these are:
  - **A new and continuous cough**
  - **A high temperature**
  - **A loss of, or change to, their sense of smell or taste**
- Players, coaches and parents should wash their hands before and after attending training and matches
- Players, coaches and parents should avoid car sharing with individuals outside of their household
- When arriving or leaving Waterend please do so promptly without loitering
- When using the stairs at Waterend allow time for others to leave before using the stairs yourself
- Waterend has registered as a sporting venue with the governments track and trace programme. This mans that the QR code check-in labels will be available for visitors and should be used via the NHS Covid-19 app on your smartphone. In the event that an outbreak occurs at Waterend the Covid officer will be informed and will inform all participants during this period. **This does not mean you need to self-isolate if you are contacted as this is just for information.**
- Groups of spectators are limited to 6 except where the individuals are from the same household, in tier 3 this is limited to 6 from the same household.
- The toilets are not currently available at Waterend so please arrive with this in mind
- If you have any concerns contact our Covid Officer – Paul Saunders on [psaunders@basingstokecoltsfc.org](mailto:psaunders@basingstokecoltsfc.org)